



## Meals on Wheels of the Palm Beaches Helping the Community

September 25, 2011



WEST PALM BEACH, Fla. - Volunteers for Meals on Wheels of the Palm Beaches pack up the meals they will be delivering. Jane Lill, the Director of Volunteer Services, says charitable donations and grants help the program reach out to those in need.

"We are trying to get the word out to a lot of insurance companies who may be recovering from hospital stays, they might need us for a short term, we do grant writing. Companies step up and do an adopt-a-route. Companies can call us, they can either donate financially to underwrite somebody who is in need of food or they can have some of their employees do that community outreach on behalf of the company."

Good Samaritan Medical Center helps in the preparation of the food. The hospital's executive chef, Brenda Wade, makes sure the meals are nutritious. "We've gone to a lot of homemade items. We sear our own pork chops, we make our own mashed potatoes, we cut our own fresh zucchini, we have fresh vegetables and we make our own desserts."

Once the volunteers pack up the meals, then they start to deliver them to area residents who are part of the meals on wheels program. Jane Lill said, "We were incorporated less than a year ago, and we started our first meal in January with just a handful of people. Most of the people that actually helped start this. And now we are approaching 40 volunteers and we are over 125 meals a week right now. We have hopes to go to 7 days a week. Right now we are delivering five. We have hopes to move into special needs and special dietary concerns right now we give you a healthy meal that comes from a chef in a kitchen in a hospital."

[http://www.wptv.com/dpp/about\\_us/community\\_affairs/making\\_a\\_difference/meals-on-wheels-of-the-palm-beaches-helping-the-community#ixzz1ZqXDRsnh](http://www.wptv.com/dpp/about_us/community_affairs/making_a_difference/meals-on-wheels-of-the-palm-beaches-helping-the-community#ixzz1ZqXDRsnh)

