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Good Samaritan Medical Center Receives Platinum-Level Recognition as Start! Fit-Friendly Company by the American Heart Association

WEST PALM BEACH, Fla. – October 2011 – Good Samaritan Medical Center is proud to announce its 2011 Platinum Achievement as a participant in the American Heart Association’s Start! Fit-Friendly Companies Program. This recognition confirms that Delray Medical Center has met specific criteria of the American Heart Association for employee fitness and wellness.

“Delray Medical Center takes care of our local community and we also make it a priority to take care of our employees too,” said Mark Nosacka, CEO, Good Samaritan Medical Center. “We are proud to earn Platinum Achievement as a Fit-Friendly Company, which confirms our success in providing employees with resources, tools and support to maintain healthy lifestyles both inside and outside of work.”

The Start! Fit-Friendly program is a catalyst for positive change in the American workforce, helping companies makes their employees’ health and wellness a priority. American employers face increasing healthcare expenses and health-related losses in productivity that cost an estimated \$225.8 billion a year. Many American adults spend most of their waking hours at sedentary jobs. Their lack of physical activity raises their risk for a host of medical problems, such as obesity, high blood pressure and diabetes. Employers face \$12.7 billion in annual medical expenses due to obesity alone. Start! helps change corporate cultures by motivating employees to start physical activity programs.

To earn Platinum Achievement as a Start! Fit-Friendly Company, Good Samaritan Medical Center encouraged employees to participate in the “*Healthy at Tenet*” wellness program. By enrolling and participating in this program, employees earn points for engaging in routine exercise, not smoking, getting annual dental and physical exams, flu shots and eating healthfully. These points can even add up to dollars, earning employees financial reward through their personal health benefits plan.

About Good Samaritan Medical Center

Good Samaritan Medical Center is a 333-bed acute care hospital, which has been providing sophisticated, personalized medical care to the populations of Palm Beach County and the Treasure Coast for more than 90 years.

As one of the area's leading cancer centers, the hospital's Cancer Institute provides comprehensive cancer services through the Comprehensive Breast Center, Gamma Knife Radiosurgery, and a Bone Marrow/Stem Cell Transplant Unit. The Surgical Institute offers patients minimally invasive surgical techniques through advanced surgical robotic technology. The hospital also cares for patients with known or suspected cardiovascular diseases through its Cardiac and Vascular Institute. Good Samaritan Medical Center was featured in a special advertisement in the "America's Best Hospitals" 2010 issue of US News & World Report to commemorate their receipt of the *Get With the Guidelines* Coronary Artery Disease GOLD Award, GOLD Heart Failure Award, and SIVER Stroke Award. Certified as a Primary Stroke Center by the Joint Commission, Good Samaritan delivers timely, advanced protocols proven to save the lives and health of stroke patients.

In addition, Good Samaritan is proud to feature "Special Deliveries," its maternity services department. The hospital houses The Newborn Suites, which are private recovery suites that offer quiet relaxation and wonderful amenities. Many additional services are available on the Good Samaritan Medical Center campus through the Sleep Disorders Center, a full-service, 24-hour Emergency Department, and a wide range of diagnostic and surgical outpatient services. Good is also home to The Palms Medical Detoxification, one of a select few hospital-based medically supervised alcohol and drug detoxification centers.

To learn more about Good Samaritan Medical Center, or to find a doctor, visit www.goodsamaritanmc.com or call 561-655-5511.

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